

# The Millionaire Real Estate Investor Energy Plan

1

Mediate and Pray  
– *Spiritual Energy* –

2

Exercise and Eat  
– *Physical Energy* –

3

Hug, Kiss and Laugh  
– *Emotional Energy* –

4

Plan and Calendar  
– *Mental Energy* –

5

Review Budget and  
Net Worth Sheet  
– *Investment Energy* –

6

Lead Generate and  
See Real Estate  
– *Wealth Building Energy* –

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